

BULK REEF SUPPLY®

Reef Chili Frozen Food Recipes

Equipment Required

- Food Processor w/ cheese grater blade
- Cleaver
- Cutting board
- Mixing spoons
- Disposable pans or containers for mixing
- Ice
- Quality plastic bags with thick walls or vacuum sealer with bags

The recipes are listed in order and are designed to be progressively mixed to achieve your desired food starting with the Primary Proteins Mix which is the base.

Primary Proteins Mix - Fish Only

- Frozen Shrimp 1.5lb
- Frozen Tuna 1.5lb
- Frozen Squid 1.5lb
- Frozen Scallops 1.5lb
- BRS Freeze Dried Krill Superba 3oz
- BRS Freeze Dried Mysis 3oz
- TDO Chroma Boost Medium Pellets 3oz

Herbivore Blend

- Two Little Fishies SeaVeggies Mixed Flakes 60 grams
- Hikari Seaweed Extreme 1.5oz

Small Active Fish and LPS Corals

- Aqua Edibles Super Eggs 4oz
- BRS Calanus 2oz
- NYOS Goldpods 250ml

Supplements - Improve coloration, boost immunities and increase nutritional value

- Brightwell Aquatics AminOmega 60ml
- American Marine Selcon 60ml
- BRS Paracoccus Powder - 2 capfuls
- BRS Spirulina Powder - 2 capfuls

Coral Food

- Brightwell Aquatics CoralAmino 250ml
- NYOS Chromys 250 ml
- Aqua Edibles Egg Brew 4oz
- BRS Reef Chili 0.65oz
- ESV Dried Phytoplankton - 2 capfuls
- PolypLab Reef-Roids - 2 capfuls
- BRS Golden Pearls - 2 capfuls
- BRS Copepod Powder - 2 capfuls
- BRS Rotifers - 2 capfuls

Preparation and storage

Keep all ingredients frozen and work fast to keep everything as cold as possible.

Step #1 - Prepare your mixing trays with a layer of ice inside the bottom tray to keep everything cold as you mix it.

Step #2 - Measure dry ingredients in a separate bowl

Step #3 - Measure liquid ingredients in a separate bowl

Step #4 - Chop frozen ingredients one at a time in a food processor using the grater blade. Blenders or traditional chopper blades tend to create mush instead of chunks. If the frozen chunks are too large, chop using the cleaver and cutting board before going into the food processor.

Step #5 - Add chopped ingredients into the cold trays and mix with dry ingredients and finally the liquid ingredients you measured out earlier. Mix fast with the plastic spoons and keep it cold!

Step #6 - Package into individual Ziploc bags or cube trays if desired. Vacuum sealed bags also work great but not absolutely required.

Step #7 - Place into freezer and keep frozen.